

WHY WAIT?

YOUR TIME IS NOW !

BOOK SAMPLE

Reagan B.

Nevels

THINK ★ WRITE ★ BELIEVE ★ ACHIEVE

WHY WAIT? YOUR TIME IS NOW !

Teenagers ... what's keeping you from greatness? Is it your age, your inexperience, your insecurities, or your past?

With the pressures of life, it's easy to feel discouraged and lose sight of your goals and dreams. Don't lose hope. There is a simple solution, developed for teens by a teen.

In *Why Wait? Your Time Is Now!*, young author and motivational speaker, Reagan B. Nevels, provides shortcuts to develop accountability skills, build self-esteem, and boost your confidence to rise above mediocrity.

You will discover:

- a four-step process to achieve goals
- a template to help stay focused
- affirmations to promote positive thinking

**This book is free
from "adult-speak"
and is perfect for
teens who have
big dreams.**

About the Author:

Reagan B. Nevels is a 14-year-old inspirational influencer on a mission to help others accomplish their dreams. She is a motivational speaker who, at the age of 12, authored her first book, *Vision Collision, Think. Write. Believe. Achieve.* Reagan is an entrepreneur, a youth leader, and a Sunday school teacher. She speaks at school assemblies, graduations, children's events, conferences, and to youth organizations throughout the United States.



"I have to have hope, you have to have hope, and we have to have hope. That's why having a symbol of hope such as a yellow ribbon is so important." ~ Reagan B. Nevels, *Address to the Nation's Children*



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Manufactured in the United States of America

ISBN 978-1-7325216-0-5

Cover Design: Adam M. Givens
Interior Design: Charles S. Kunene
Cover Image: Diane Y. Zarlingo
Copy Editing: Ariane Lewis

Published by
Premier Publishing, LLC
1101 Pennsylvania Avenue NW, Suite 300
Washington, DC 20004
www.premierpublishing.com

For bulk purchases and special sales, email:
specialmarkets@premierpublishing.com

Dedication

I would like to dedicate this book to my parents, especially my mom. My parents pour so much into me. They both congratulate and critique me so that I will always be my very best and never anything less. I promise to do my best to positively impact the world.

Thank you, Mom. Thank you, Dad.

Love,
Reagan

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Introduction

Why do we put things off? Why do we avoid them and put our dreams and goals on the back burner? Is it because we don't believe in ourselves? Are we afraid of the possible outcomes? Is doubt the cause for the delay? Or not having enough support? I'm sure you'd agree that everyone has a different reason or excuse behind procrastination. We already know life presents all sorts of challenges, but when we focus on finding solutions, we can succeed. **Often, the secret is buried within us and waiting to be discovered.**

When I first made the switch from traditional school to homeschooling, I assumed the transition would be easy. However, instead of doing well in my classes, I found myself procrastinating. Homeschooling required more self-discipline than I was prepared for at the time. I began to skip school and put off assignments until

the last minute. I convinced myself I could complete my work in a couple of days rather than spacing out my assignments over time. Before long, I began falling behind.

It didn't take long for me to realize procrastination would not lead to much productivity in the end. I wanted to succeed so I thought about what I needed to do. I decided to write a plan that broke up my assignments so I could do my schoolwork little by little. I spoke positively and I believed in myself. Now, I am doing just as well with my homeschooling as I was back in traditional school. So why did I procrastinate in the first place?

It's easy to use an excuse as a way of escape but that keeps us from working toward our goals. **The problem occurs when we become comfortable living with excuses. Why? We begin to make excuses for anything we want to escape rather than confront.** However, this

kind of thinking doesn't give us permission to ignore what we've been called to do. This book is a tool to help you overcome fear and move past challenges to start taking proactive steps toward your dreams right now. My formula of think, write, believe, and achieve will take you step-by-step from the onset of your dream to its fruition. By the time we're done, procrastination will be a thing of the past.

Sometimes we do the craziest things because we are afraid of following through and being successful. Just as people have a fear of failure, they may also have a fear of success. You may ask, **"Why in the world would people have a fear of success?"**

There could be many reasons; one might be, they are afraid of the exposure. They could be afraid of the judgment they would face. They could have every tool in the world to help them achieve their goals, but they are simply fearful of the reaction of others. The funny thing is that in most instances, we're focusing on the

wrong part of the equation. The real concern is not that we are afraid, but how we address it.

The truth is we have allowed fear to downgrade our abilities. Inside we may feel we are merely mediocre, but we're not. We have extraordinary gifts and extraordinary talents, but we don't want to show them off to the world. So instead, we make statements like, *"Maybe I'm just not ready," "Maybe I'm too old," "Maybe I'm too young," or "No one is going to believe in me."* Some people put all of these poor ideas and thoughts in their minds and unfortunately begin to believe the untruths of these statements. I've discovered that this is true for both the young and mature in age.

While I hope my message transcends gender and age, I live to encourage young people like myself. It is important that kids are confident in knowing we don't have to wait to reach a certain age in order to

accomplish our dreams and goals. I believe this. And I want to show you how you can believe and achieve this, too. **Truthfully, my friend, your reflection in the mirror is proof you are much more than what you think.** In fact, you are greater than the best image of success your mind can imagine. Pause to visualize yourself being great; now, multiply that by ten. That's where you are destined to be. It's time for you to access the benefits that await you. There's so much you can use to your advantage, but it's up to you to unleash it.

Now, let's spend a moment thinking about the goals you want to accomplish. Don't panic, because whatever your goals are, there is a path to accomplish them. In fact, I'd like to offer my 4-step process to success:

1) Think 2) Write 3) Believe 4) Achieve

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